



YOUR GUIDE TO BLOOD DONATION ELIGIBILITY

Acutane, Proscar and Propecia

Ineligible. Will cause deferral. Please DO NOT donate if you use any of these medications.

Anti-Depressant and Arthritis Medication

Eligible. Generally does not cause deferral.

Aspirin, Motrin or anti-inflammatory

Eligible if donating whole blood. Ineligible if donating platelets.

Blood Pressure Medication

Eligible if your blood pressure is not over 180/100 at donation time. (Your blood pressure will be taken at the blood drive).

Body Piercing

Eligible if piercing was done with a non-reusable needle and has healed.

Cancer

Eligible if treatment was complete over a year ago.

Cold Sores and Fever Blisters

Eligible if the sores have healed.

Cold Symptoms

Eligible **only if** symptom free. Cannot have runny nose, sore throat or cough. Antibiotics must be complete.

Diabetic, Birth Control and Hormone Pills

Generally eligible.

Immunization or Vaccination

Speak to the charge nurse. Most vaccines do not cause deferral.

International Travel

Possible Deferral. It depends on the country visited.

Shingles

Eligible if sores have healed.

Tattoos

Deferral for one year **after application** of the tattoo, including any touch-ups.